

2023 MUMBO JUMBO GUMBO COOK-OFF

Saturday, February 18, 2023 - Soda Springs Park

OFFICIAL RULES & REGULATIONS FOR **PROFESSIONAL ENTRIES**

1. "Gumbo" can be made with a combination of meats and/or seafood, okra, roux, file, and other ingredients, and is generally served over rice.
2. Professional entries may be prepared in advance. Please deliver a minimum of 5 gallons of gumbo to Soda Springs Park and complete set up by 10:30am. If you are not set up by this time you will not be allowed to compete in the judging. The gumbo should be heated and kept warm in transport to holding food temp. You must provide at a minimum two individuals to serve the gumbo.
3. Judging will begin at 10:45am. Public tasting will begin immediately following the judging.
4. Professional contestants must provide a heating unit, cooking/serving utensils, chairs, booth decor, etc. Access to electricity is limited. Please request and we will confirm availability. You will be provided with one 8-foot covered table and tasting cups. All patrons will receive a tasting spoon, napkins, and a Popsicle stick for "People's Choice" voting purposes. This is an outdoor event, so come prepared.
5. The judges' decision shall be final and binding. The first place winner will be awarded \$100.00 (one hundred dollars) and a trophy. Second place will receive an award of \$50.00 (fifty dollars) and a trophy. Third place will receive an award of \$25.00 (twenty-five dollars) and a trophy. Winner of the Best Showmanship will receive \$50 (fifty dollars) in Manitou Money, and People's Choice winner will receive a trophy.
6. Due to space limitations only the first 20 contestants, combining professional and amateur, who fill out their applications by the deadline date to the Manitou Springs Chamber of Commerce, Visitors Bureau & Office of Economic Development (354 Manitou Avenue, Manitou Springs, CO 80829) will be allowed to compete. Applications available at <https://manitousprings.org/gumbo-application/>
7. Thank you for participating in the 2023 Gumbo Cook-off. By signing the application to participate in the 2023 Mumbo Jumbo Gumbo Cook-Off, you irrevocably consent to the use of your likeness, including voice and image, for the purposes of advertising or promoting, in any media, throughout the world in perpetuity, the Manitou Springs Chamber of Commerce, Visitors Bureau & Office of Economic Development, its affiliates, successors or licensees and other acting on behalf of the Manitou Springs Chamber of Commerce, Visitors Bureau & Office of Economic Development.

Have any questions? Email Jenna Gallas at jenna@manitouchamber.com.